Williamsport Wellness Celebration Bike Party and Wellness Walk

Sunday, September 20th, 2015

Springfield Barn

12 Springfield Lane Williamsport, MD 21795

5:00pm—Community Bike Ride

There will be a 3 mile family friendly ride for all ages and a 12 mile loop for : more experienced riders

Both rides will start and end at the Springfield Barn

5:00pm—Wellness Walk

Start at the Springfield Barn and walk around the Williamsport Fitness Trail in Byron Memorial Park or challenge yourself by walking the 3 mile bike loop.

6:00pm-8:00pm—Community Social

After the Bike Rides and Wellness Walk, join us at the Springfield Barn for a healthy snacks and musical entertainment provided by <u>Fertile Soil</u>, a fun band that plays a mix of oldies and Bluegrass.







