

2025 Baltimore Bicycling Club (BBC) Instructional Series

The BBC's popular Instructional Cycling Series is back for a 41st year! First time riders and experienced cyclists welcome.

REDISCOVER CYCLING THIS SUMMER!



WHO: ANYONE OVER 18 YEARS OF AGE – CLUB MEMBERSHIP NOT REQUIRED

WHAT: LEARN ROAD SAFETY, BIKE MAINTENANCE, ROUTE NAVIGATION, WHILE IMPROVING AS A RIDER.

WHEN: EIGHT WEEKLY SESSIONS BETWEEN MAY 18 & JULY 13, 2025. SCHEDULE MAY BE ADJUSTED FOR HOLIDAYS AND INCLEMENT WEATHER.

WHERE: RIDES WILL TAKE PLACE ON TRAILS AND ROADS IN AND AROUND BALTIMORE, ANNE ARUNDEL, CARROLL, AND HOWARD COUNTIES.

HOW: SIGN UP FOR OUR ORIENTATION ON MAY 18, 2025 AT TOWSON UNIVERSITY, ROOM 121! EMAIL [RIDE.LEADER.ADRIANA@GMAIL.COM](mailto:ride.leader.adriana@gmail.com) TO REGISTER AND GET DIRECTIONS

HOW MUCH: FREE!

For additional information or to get on our email list, contact one of our instructors:

Adriana—

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Gordon—Peltzlaw@aol.com

Gary—Rideleader13@gmail.com

Howard—HKaplon@towson.edu